### How to Be Happy No Matter What

#### **SERIES: The Habits of Happiness (Philippians) – Part 2**

PHILIPPIANS 1:12-30

"<u>WHATEVER HAPPENS</u>, conduct yourselves in a manner worthy of the Good News of Christ!" Philippians 1:27 (NIV)

### NO MATTER WHAT HAPPENS, I CAN BE HAPPY IF I...

# 1. Look at every <u>PROBLEM</u> from God's viewpoint.

(VS. 12-14)

"I want you to know, dear brothers and sisters, <u>that EVERYTHING that has happened to me has</u> <u>helped to spread the Good News</u>." Philippians 1:12 (NLT)

ANYTIME I FACE PROBLEMS IN FAITH ...



*"For <u>everyone here</u>, including all the <u>soldiers</u> in the <u>palace guard</u>, knows that I am in chains <u>because of Christ</u>." Philippians 1:13 (NLT)* 



*"And because of my imprisonment, many of the <u>Christians</u> here have <u>gained confidence</u> and <u>become more bold</u> in telling others about Christ." Philippians 1:14 (NLT)* 



(VS. 15-18) Critics, Comrades, Competitors, & Conspirators:

"It's true that some preach Christ because they are jealous and quarrelsome.

Others preach from <u>genuine good will</u>. These do so out of love, and they know God's given me the work of defending the gospel.

Others preach Christ *insincerely* from a spirit of <u>selfish ambition</u>.

Others just want to stir up more trouble for me, and add to my pain while I am in prison." Philippians 1:15-17 (TEV)

## PAUL'S ATTITUDE:

"But <u>it doesn't really matter</u>! The IMPORTANT THING is that in every way, whether for right or wrong reasons, the message of Christ is being shared! So <u>I am happy</u>, and <u>I will continue to be happy</u>!" Philippians 1:18 (NCV)

"<u>Be fearless</u>, <u>no matter who opposes you</u>. It will be a sign to them of their downfall, <u>that God is</u> <u>with you</u>, and that he will save you." Philippians 1:28 (NIV/LB)

"For you have been given <u>not only</u> the privilege of trusting in Christ but also <u>the privilege of</u> <u>suffering for him</u>. We are in this fight together. You have seen me <u>suffer for him</u> in the past, and you know that I am <u>still in the midst</u> of a great struggle." Philippians 1:29-30 (NLT)

# *3. Always trust God to <mark>WORK</mark> things out!*

(VS. 19-20)

"I will continue to rejoice, <u>for I know</u> that as you pray for me and as the Spirit of Jesus Christ helps me, all that's happened will all turn out for my deliverance. Philippians 1:18b-19 (NLT)

"It is my <u>eager expectation and hope</u> that I will not be at all ashamed, but that <u>with full courage</u>, now as always, Christ will be honored in my body, whether by life or by death!" Philippians 1:20 (ESV)

#### *4. Stay focused on my <mark>PURPOSE</mark>, not my PROBLEM!* (VS. 21-25)

"If <u>by continuing to live I can do more worthwhile work for Christ</u>, then I am not sure which I should choose. I'm pulled in two directions! I want very much to <u>leave this life and be with Christ</u>, which is a far better thing; BUT <u>for your sake</u> it is much more important that I remain alive. I am sure of this, so I know that I will stay on with you all, so I can add <u>to your progress and joy</u> in the faith." Philippians 1:22-25 (TEV)

"For me to live is Christ and to die is gain!" Philippians 1:21 (NIV)

How YOU fill in the blank will determine your happiness:

