

# Making the Most of Your Mind

## **SERIES: LIFE RESET – Part 8**

*Preparing for Your Future*

*“Though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we TAKE CAPTIVE EVERY THOUGHT to make it OBEDIENT to Christ.”*

*2 Corinthians 10:3-5*

### **1. DON'T BELIEVE EVERYTHING YOU THINK**

*“The heart is deceitful above all things and beyond cure. Who can understand it?” **Jeremiah 17:9***

### **2. GUARD YOUR MIND FROM GARBAGE**

*“A wise person is hungry for truth, while the fool feeds on trash.” **Proverbs 15:14 (NLT)***

*“I will not set before my eyes anything that is worthless.” **Psalms 101:3 (ESV)***

### **3. NEVER LET UP ON LEARNING**

*“The mind of a smart person is eager to get knowledge. The wise person listens to learn more.” **Proverbs 18:15 (ICB)***

*“Wise men store up knowledge.” **Proverbs 10:14***

*“Those who get wisdom do themselves a favor, and those who love learning will succeed.” **Proverbs 19:8 (NCV)***

## 4. RENEW YOUR MIND DAILY WITH GOD'S WORD

*“Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will.”*

**Romans 12:2 (NIV)**

*“You will keep in perfect peace all who trust in you, whose thoughts are fixed on you!”* **Isaiah 26:3 (NLT)**

## 5. LET GOD STRETCH YOUR IMAGINATION

*“In the last days, God says, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, and your old men will dream dreams.”* **Acts 2:17 (NIV)**

*“Now glory be to God, who by his mighty power at work within us is able to do far more than we would ever dare to ask or even dream of – infinitely beyond our highest prayers, desires, thoughts, or hopes. May he be given glory forever and ever through endless ages because of his master plan of salvation for the Church through Jesus Christ.”* **Ephesians 3:20-21 (LB)**

*“Therefore, prepare your minds for action.”* **1 Peter 1:13**

***T – Test every thought.***

***H – Helmet your head.***

***I – Imagine great thoughts.***

***N – Nourish a godly mind.***

***K – Keep on learning.***